Holy Family Hospital Nkawkaw 14th-18th October 2013

Steven Goh



5 working days

- Formal workshop
- Evening student teaching
- Clinical work

Resident Team

- Steve Goh
- Natasha Jiwa
- Ami Washbrook

Satellite Team

- Felicia Wallace
- Gina Boamah
- Veronica MacQuarshie
- Nick Lavies
- Amanda Johnson



Excitement in the air



Countdown





Holy Family Hospital







Workshop

'Advances in the Care of the Surgical Patient'

- 2-day (4 sessions)
- Local nurses (post-registration) and staff
- 1-2 travelled from other part of region
- Overall attendance around 120
- Certificates

Lecture time





Topics covered

- Common presentations in the Accident & Emergency department
- Respiratory Physiology
- Acute and Chronic Wound Care
- Surgical Emergencies- The Acute Abdomen
- Alcohol related diseases
- Informed Consent
- Benign breast conditions
- Breast cancer
- Privacy and Dignity in patient care
- Inter-professional team work for patient safety
- Diabetes
- Sexually Transmitted Disease and HIV
- Post-operative complications and ABC assessment
- Haemorrhoids
- Physiotherapy for the post-operative patient
- The use of ISOBAR tool
- Surgical scrubbing



ADVANCES IN THE CARE OF THE SURGICAL PATIENT OCTOBER 2013 HOLY FAMILY HOSPITAL, NKAWKAW

THIS CERTIFIES THAT

has attended the required course on Perioperative care.

Topics included are:

Common presentations in the Accident emergency

Respiratory physiology

Acute and Chronic wound care

Surgical emergencies

Alcohol related disease

Consent

Breast disease - benign and breast cancer

Privacy and dignity in patient care

Interprofessional teamwork for patient safety

Diabetes

Sexual transmitted disease

Haemorrhoids

Surgical scrubbing

MRS JANE JACKSON CLINICAL NURSE CONSULTANT, ENGLAND MR STEVEN GOH ONCOPLASTIC BREAST SURGEON ENGLAND

Review of practicalities

- Issues
- Each individual only allowed to attend one session
- Time vrs clinical allocation/Punctuality

- Feedback
- Good selection of topics
- All like to attend every session

Suggestions

- Requested future topics
- Loop lectures/full workshop attendance
- More receptive to practicals, hands-on









Evening lectures

- Nursing students (pre-registration)
- 4 nights
- At Nursing Training College
- Very well received
- 50-100 students each evening
- Topics from workshop plus Shock, Arrhythmias and Hand hygiene





Friendships and teaching combined





What we have learnt

- Feedback
- Very enthusiastic and inquisitive students
- Originally only planned for 3 nights
- Need to work around fixed dinner meal, wash and 'prep' time

Settling on job









Clinical work

- Breast clinics (5 days)
 - 80 registered symptomatic outpatient consultations, 15 self-referred breast screening examination (staff)
- In-patients: breast assessment, wound care, chest physiotherapy
- Breast operating list (3 cases)
- Assisting in C-sections

Interactive





Warning SOME BREAST CONDITIONS SEEN



When it was safe to operate....









Things to consider before moving forward

- Feedback
- Limitations of breast services
- Limitations in theatre
- More exchange ideas with physiotherapist
- Possible future topics: clinical practice eg basic chest check, patient positioning, manual handling, mobilising and breathing exercises, SALT swallow assessment, mouth care
- Unfortunately USS probe half broken

Work and happiness!





On the job





Some work, others on break!







Recommendation

- Presentation
- Learning materials
- BNFs
- Workshop CDs
- Observation charts
- Sphygmomanometer
- Anaesthetic foam support

Meeting the Medical Director





Overall

- Warmest welcome and hospitality
- Excellent organisation
- Good facilities and transport

- Learning points
- Inexperience/Unfamiliarity
- Catering
- Public holiday/Football match



Chilling!













Here we are





Coconut Grove Beach Resort Oct 2013

In summary

Fantastic and rewarding experience!

■ Thank you!





St Joseph's Hospital Jirapa









St Joseph's Hospital Jirapa







