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The 2nd Lord Alton Course for Surgeons
ADVANCES AND CHALLENGES IN THE PRACTICE OF SURGERY IN THE DEVELOPING WORLD
26TH AND 27TH October 2017



AT THE GHANA COLLEGE OF PHYSICIANS AND SURGEONS, ACCRA



Registration @ Ghana College of Physicians and Surgeons
For the exclusive attention of Ms Murinatu Mustapha +233302238650
secretary@gcps.edu.gh and info@gcps.edu.gh

ABOUT THE COURSE

The course has been set up by Motec Life- UK as an annual event for surgeons across West Africa in collaboration with the Ghana College of Physicians and Surgeons and the West African College of Surgeons. The international meeting is also supported by manpower of professionals (volunteers) drawn mainly from Motec and others, including the London School of Postgraduate Surgery and the World Orthopaedic Concern-UK.

The course strives to promote clinical excellence and also to improve current practices taking into consideration the challenges in the developing world. It will incorporate views and experiences from Africa and the UK with the key objective of improving surgical care in the sub-region.

The topics selected are based on over 10 years of voluntary clinical and educational activity by Motec and the World Orthopaedic Concern UK in West Africa. It is intended to be CME approved. The course dates are scheduled for **26th and 27th October 2017**. It is envisaged that the course will expand to cover non-surgical specialties in future. Motec has no financial benefits. Motec has no financial benefits from the programme.

WHO SHOULD ATTEND

- Consultant surgeons:
 - General, Trauma and Orthopaedics, Obstetrics, Gynaecology, Vascular, Breast
- Specialist surgeons in practice:
 - Teaching hospitals, regional, district and private hospitals
- Surgical residents in the teaching hospitals
- Doctors preparing for various stages of the exit examinations in Ghana and West Africa
- Physiotherapists who want to broaden their knowledge in surgery

CONFERENCE VENUE: The 2017 venue is the **Ghana College of Physicians and Surgeons.**

54 Independence Ave, Ridge, Accra.

Tel (+233) 24 369 0073 (+233) 30 223 8650 (+233) 30 223 8703

Venue Facilities: Conference rooms (up to 750 people) and Hotel accommodation (30 rooms) and restaurant services are available. There are nearby hotels that are easily accessible at reasonable prices. Restaurant services are excellent.

For registration, please contact host – The Ghana College of Physicians and Surgeons secretariat

FEES –

a. 1 day 100 Ghana Cedis

b. 2 days 200 Ghana Cedis

College contact including payment into College Pool Account via Ms Muniratu Mustapha

HOTELS

1. Orchid Hospitality at the Ghana College, North Ridge, Accra. \$51/night + (233)302231299, 0302256723, 0302233212 <http://www.ohmsgghana.com/>

2. Consir Executive Lodge, North Ridge, \$70/night 0244874832, 0307084500, 0307084474
<http://www.hostelworld.com/hosteldetails.php/Consir-Executive-Lodge/Accra/269042>

3. KNUST Guest House Ringway Estates, OSU. \$60/night +233(0)248280292

https://www.google.co.uk/?gws_rd=ssl#q=knust+guest+house+accra

4. Mensvic Grand Hotel, East Legon + (233) 302507407 at \$95/night plus transit bus 640am.

THE FACULTY
TWO DAY COURSE FOR RESIDENTS OF THE GHANA / WEST AFRICAN COLLEGE OF SURGEONS
AND PRACTICING SURGEONS AT THE GHANA COLLEGE OF SURGEONS, ACCRA GHANA
26TH AND 27TH OCTOBER 2017

Mr Peter Dyson



B.Sc., M.B, B.S., M.Ch. (Orth), F.R.C.S. Consultant Orthopaedic Surgeon with specialist interest in spinal surgery at West Herts NHS Trust. Watford. England. External Examiner for WACS. Patron, Motec Life-UK **Research interests:** include outcomes of spinal fusion and compensation in spinal surgery.

Other interest: *Improvements in spinal care in Ghana (Motec Life -UK)*

Prof Nigel Standfield



Consultant vascular surgeon and Professor at Imperial academic health sciences centre, based at Hammersmith and a Council member of the Royal College of Surgeons.

He is a WACS External Examiner in Cardiothoracic / Vascular Surgery

Clinical interests: All aspects of vascular surgery with a specialist interest in congenital vascular malformations and lymphoedema.

Other interest: Promoting education / training, professional work ethics in West Africa

Dr. Ash Bhagat



MBBS MD FRCR Consultant Radiologist at West Herts Hospitals NHS Trust, England. Main work: General radiology with special interest in musculo-skeletal scanning and ultrasound interventional radiology

Mr Kristian Aquilina



FRCS (SN) MD Consultant Paediatric Neurosurgeon, Great Ormond Street Hospital, London

Areas of interest: Neurosurgical lead for neuro-oncology at Great Ormond Street Hospital, London with particular interest in brain tumours in children

- Surgical management of spasticity in children with cerebral palsy

- Selective dorsal rhizotomy in cerebral palsy, using the single-level microsurgical approach; performed the first procedure in the UK in 2011

Mr Joseph E. Sudhakar



MBBS.FRCS (Orth and Trauma) Consultant Orthopaedic Surgeon, Darlington Foundation NHS Trust England

Elective practice mainly lower limb surgery: Special interests: Arthroscopic surgery hip, knee and ankle (plus ACL reconstruction), hip and knee arthroplasty.

Ms Laura Johnson



Consultant Oncoplastic and Reconstructive Breast Surgeon, St Bartholomew's Hospital London.

Special Interest: Implant associated anaplastic large cell lymphoma (BIA-ALCL) risk reducing surgery in high risk patients

Mr Edward William Dyson



MB BS BSc MRCS PGCMedEd. Neurosurgery Specialty Registrar. Imperial Healthcare NHS Trust. London
Research Interests: traumatic brain injury and intracranial pressure monitoring. Cognitive and Behavioural Neuroscience

Mr Sanjay Z. Baldota



MS FRCS MiOD. Consultant Oncoplastic Breast Surgeon. Breast Care Support for Ghana (Motec Life -UK). University Hospitals of Morecambe Bay NHS Foundation Trust.

Special interests: Breast Cancer Screening, Reconstructive Breast Surgery

Dr Raymond Ofori



DSci, CSci, and FIBMS Microbiologist Imperial College Healthcare NHS Trust based at Charring Cross Hospital. London.

Special interests: Antibiotics resistance; Laboratory service improvements in sub-Saharan Africa (Motec Life -UK)

Mr Shailesh Vadodaria



MBBSMS, MCh, FRCS(Plastic Surgery)

Plastic Surgeon, Harley Street, London

Mr Akinwande Adedapo



MBBS FRCS (ORTH) FRCS Consultant Orthopaedic Surgeon, James Cook Univ Hospital, Middlesbrough, England.

Special interests: Adult lower limb disorders /Neglected club foot / Education in Ghana of paediatric ankle and foot deformities (Motec Life -U and WOC-UK) **Special interests:** The science of Fracture Union. Teaching orthopaedic science to up and coming surgeons in West Africa (Motec Life -UK)

Mr Henry Andrew Holdbrook-Smith



MB. ChB FRCS, Orthopaedic Surgeon. Ghana. Examiner- Ghana College of Surgeons

Special interests: Hip arthroplasty and trauma.

Prof Sam Debrah



MB ChB, FRCSEd, FRCS(Ed) Gen., FGCPs, FWACS. Chairman, Faculty of Surgery, Ghana College of Physicians and Surgeons (GCPS), Head of Surgery, University Hospital of Cape Coast.

Special interests: - Colorectal, Breast and Trauma Surgery.

Miss Lai Lee Min



Consultant breast and reconstructive Surgeon

West Herts NHS Trust, Watford.

Mr Akintunde George



MB.BS. MRCS. Research Fellow, University of Bath, England. Motec Life – UK. **Special interests:** Osteo integration in orthopaedic implant surgery, Arthroplasty in sickle cell hip joint disease.

Dr. William Appeadu-Mensah



MB.ChB. FWACS, FGCS, Consultant Paediatric Surgeon and Paediatric Urologist. Secretary Faculty of Surgery GCPS, Head: Paediatric Surgery Unit, Department of Surgery Korle Bu Teaching Hospital, Senior Lecturer, Department of Surgery, SMD. Special Interest –Paediatric Urological conditions

Dr Charles Arhinful



MB.ChB MGCS. VRA Hospitals, Akosombo. General Surgeon.
Breast care collaboration with Motec Life UK
Special interests: Breast care / General Surgery

Dr Natasha Elysha Jiwa



MBBS BSc(Hons) MRCS Surgical Registrar, Breast Unit.St Bartholomew's Hospital, London. Vice President, Motec Life – UK. Special interests: reconstructive and oncoplastic breast surgery. Motec Life UK Breast Team

Beth Amy Tite



British Orthopaedic Association Casting Educator

Dr Yaw B.Mensah



Consultant radiologist, Korle Bu Teaching Hospital, Accra

Mr Caesar Mensah



Diplomat in Infection Control. Oxford Brookes Univ.Nurse Specialist Infection Control. Public Health England

Mr Paul Ofori-Atta



MB. ChB. FRCS Orthopaedic Surgeon. Hertfordshire, England. England Motec Life -UK Founding President. WOC-UK link Officer for West Africa. WACS External Examiner

Mr Senay Bereket



Senior Radiographer, Spire Healthcare, Bushey. England

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TWO DAY COURSE AT THE GHANA COLLEGE 26TH AND 27TH OCTOBER 2016

PROGRAMME: DAY ONE – THURSDAY 27TH OCTOBER 2016

Day 1 Chairman: Prof Sam Debrah

Also Lecture session and hands for radiologists- interventional radiology 10.30am to 15.00 at Korle-Bu
Mainly ultrasound guided therapy by Dr Ash Bhagat: practical session will include hands on dummies and live clinical cases.

08.45 – 09.00	Registration and coffee	
09.0 – 09.10	a. Welcome Address	The Rector of the Ghana College Prof Jacob Plange-Rhule MB. ChB. FWACP FGCP FRCP
	b. Introductions	Prof Sam Debrah / Mr P. Ofori- Atta
09.10 – 09.30	Diagnostic Radiology during pregnancy and lactation	Mr Senay Bereket
09.30 – 10.00	Spectrum of Diagnostic Errors in Radiology	Dr Ash Baghat Consultant Radiologist, England.
10.00 - 10.40	Vascular: Congenital vascular malformations	Prof Nigel Standfield, England
10.40 - 11.20	Tea break	
11.20 – 11.50	The red flags in Neurosurgery	Mr Edward Dyson England
11.50 - 12.20	The approach to back ache	Mr Peter Dyson, Spinal Orthopaedic Surgeon, Watford. England
12.20 – 12.40	Discussion	
12.40 – 13.40	Lunch	
13.40 - 14.10	Neural tube Closure Defects: Prevention and Management	Mr Edward Dyson England
14.10 – 14.40	Common Paediatric Neuropathology	Mr Kristian Aquilina, Great Ormond Street. Hospital
14.40 – 15.10	Herbal and Traditional Orthopaedics in Ghana	Mr Holdbrook Smith, Orthopaedic Surgeon, Accra
15.10 – 15.40	Panel Discussion / Close of session	
15.40	Close of day programme	

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PROGRAMME DAY TWO: FRIDAY 27TH OCOBER 2016

Day 2 Chairman Mr J Nkrumah-Mills MB. ChB. FGPS FWACS FRCS V-Chair, Faculty of Surgery. GCPS

08.40 – 08.50	Registration and Coffee	
08.50.– 09.00	Introduction	Mr John Nkrumah-Mills, Vice Chairman Faculty of Surgery GCPS
09.00 – 09.30	The neglected club foot	Mr Akinwande Adedapo MBBS FRCS(Orth) FRCS (C)
09.30 – 09.50	Casting and splinting in club foot	Ms Beth Amy Tite .British Orthopaedic Association Casting Educator
09.50 - 10.10	Complications of casting	Ms Beth Amy Tite.UK
10.10 – 10.40	Knee injuries and principles of knee arthroscopy	Mr Joseph E. Sudhakar MBBS, FRCS (Tr & Orth) England
10.40 -11.10	Management of the Neonate with Intestinal Obstruction	Dr William Apeadu- Mensah MB.ChB., KNUST S.M.S., FWACS, FGCS
11.10 - 11.20	Short Break	
11.20 – 11.50	The Impact of Breast Cancer Awareness Campaign on the Staff of Volta River Authority	Dr Charles Arhinful, Akosombo. Ghana
11.50 – 12.20	Enhancing Breast Awareness and Early Diagnosis of Breast Cancer – West African Perspective	Mr Sanjay Baldota, Consultant Breast Surgeon, Morecombe. UK
12.20 –12.50	Pregnancy Associated Breast Cancer	Miss Natasha Elysha Jiwa, London
12.50 -13.20	Management of breast cancer in young women	Ms Laura Johnson, Consultant Oncoplastic Breast Surgeon, St Bartholomew’s Hospital, London
13.20 – 13.30	Panel discussion	
13.30 – 14.20	Lunch	.
14.20 -14.50	Infection control – the hospital setting	Mr Caesar Owusu Mensah
14.50 -15.20	Microbial resistance	Dr Raymond Ofori
15.20 - .16.00	Hands on session on casting e.g. club foot	Beth Amy Tite / Akin Adedapo
15.20 – 16.00	Hands on – breast workshop	Miss Lai Lee Min, Consultant breast Surgeon & breast team
16.00	Close of meeting- Chairman’s remarks Final Activities: <ul style="list-style-type: none"> • Course group photograph • Return of feedback forms Signing and collection of course Certificates	Prof Sam Debrah, Chairman. Faculty of Surgery. GCPS



**‘EDUCATION IS THE MOST POWERFUL WEAPON
WHICH YOU CAN USE TO CHANGE THE WORLD’**
Nelson Mandela