

# Motec Life-UK



## Running the 2013 Islandsbanki Reykjavik Marathon

### Why MOTEC.....

We believe in the amazing work MOTEC is doing in Ghanaian Healthcare, particularly the Nuwlife Project they are running in Jirapa, Northern Ghana. This project is training and educating parents on how to feed their children and help stamp out malnutrition, which is a major cause of children dying. We have been to Ghana and have witnessed the hardships in the country. We are committed to helping MOTEC make a difference.

### Why Iceland.....

We were in Ghana in 2010 when the Eyjafjallajökull volcano erupted, trapping us in Ghana for an extra 15 days!

### Jodi.....

Hazel and I met through our work and I persuaded Hazel to join my rowing club, where we have been a very successful double. Hazel has run all her life and has now 'persuaded' me to run a marathon with her. I have a training plan and the Reykjavik Marathon in August 2013 will be my first attempt at a half marathon on the way to a full marathon.

### Hazel.....

As Jodi has said, we met at work and became best friends. I have finally 'persuaded' Jodi to run a marathon with me, although I know she doesn't really enjoy it! I will run the full marathon and Jodi the half marathon in Reykjavik.

Please help us to help MOTEC by sponsoring us through the following link

<https://mydonate.bt.com/fundraisers/jodihazel> please may we ask you to Gift Aid your donation.