

**FROM THE DEPTHS OF OUR HEARTS WE GIVE TO YOU AS YOU GIVE TO US.**

*Standing Shoulder to Shoulder with Motec's Sue Osborn*

*By P. Ofori-Atta. August 2009*

Three Senior Fracture Clinic Nurse Practitioners of Hemel Hempstead General Hospital and their respective families made an invitation to their friends for a house tea party aimed at raising funds to support Motec Life - UK's October 2009 working visit to Ghana. The social day was specifically arranged to support Motec's Recourse Personnel to deliver humanitarian services, clinical care of patients in desperate need and provide training opportunities to the local health workforce in Ghana.

The added incentive of the planned working visit is the true exchange of experiences and ideas on medical conditions occasionally seen in our hospitals here in the UK but abundantly seen in the developing world.

The prediction for the day was RAIN, RAIN, and RAIN. The organisers Sue, Helen and Linda and their supporting families prayed for 'no rain' but they had the rain in a different form. Friends poured out from their homes to the venue in Hemel in their numbers. The event happened on Saturday 1st August. Motec placards led the way from the road side to the venue.

Participants had a lovely time. 'We've had a very relaxing social afternoon and supported a good course', said one lovely lady. 'The attendance and the friendly atmosphere - overwhelming' said another. 'The raffle was good, the confectionary donated by local supermarket TESCO was excellent, the girls by the kettle were fantastic with the supply of tea, raffle prizes were magnificent, the arrangements were impeccably smooth and welcoming' remarked a Motec sympathiser. Sue said, 'people were kind and they seemed to have enjoyed the occasion'.

At the end of it all over £600 was raised. The funds generated will be religiously used to support the October work. Gratitude to all who made it as well as those who could not but still donated from their hearts. Below is the story in pictures:



The House that hosted the social day



Sue and Linda were up for it



**The Golden Ladies – The Foundation Rock**



**The Support was from everyone**



**Something on the inside, was working on the outside – love for humanity**



**Talk about Relaxation**



**People were friendly**



**Hearts and minds were focused.**



**Laughter – the best medicine –as the story is told by Sue’s mum.**



**A Storm of Laughter in a Cup of Tea**



**We came, we participated and we enjoyed it**



**He who plans well, needs fear no rain**



**ENERGY STATION**



**THANK YOU FOR JOINING US IN OUR JOURNEY TO SUB-SAHARAN AFRICA**