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Motec Life – UK

‘Be the change you wish to see in the world.’



ONE GLOBAL WORLD, ONE PEOPLE



Motec Life-UK is registered with the Charity Commission of England and Wales. Registration Number 1118994

www.moteclife.co.uk



Motec Life-UK is a small dynamic medical charity based in West Hertfordshire. It is made up of volunteers and allied health professionals.

Our objectives are to provide education, transfer of skills and health care services to the underprivileged people of the West African sub-continent, especially Ghana. The charity achieves this through a co-ordinated programme of working visits to the sub-region's target health institutions, and exchange training programmes between UK specialists and West African Health professionals.

Mission Statement

We are dedicated to improving education, training and health care services in Ghana and the West African sub-region.

We provide the opportunity to work with colleagues in sub-Saharan Africa to gain professional experience of mutual benefit to the UK volunteers and the African health workers

Our services benefit our Ghanaian medical and allied professional colleagues, students and patients we serve

We rely on the generosity of the members of the public, philanthropists, organisations, companies and the sacrifices of many to keep our humanitarian work going.

"No life is worthwhile unless it has been useful and made a positive difference to the people we see or never get to know." Paul Ofori-Atta

The Charity is linked to and collaborates with the following:

Tropical Health and Education (THET) London;

The London Postgraduate School of Surgery;

The West African College of Surgeons;

The Ghana College of Physicians and Surgeons;

We play NGO, Holland;

15 Hospitals and health education institutions in Ghana and 3 basic education school

Supported by:

The Ghana High Commission, London

British Medical manufacturing Companies

Members of the British and Ghanaian public as well as a consortium of esteemed patrons

Ongoing projects:

Post graduate training for West African doctors/surgeons in the West African sub-region;

Breast Cancer care especially in rural Ghana and the West African sub-region;

Critical Care training and collaboration with Ghanaian Anaesthetists and Nurses;

Education, training and exchange of experience in target health institutions in the sub-region;

Orthopaedic Trauma, physiotherapy, laboratory, radiology, information technology improvements;

Nutrition Working for Life (NUWLIFE) project;

Supporting children's education in Ghana, including children with disabilities

Education and training support for Nursing Education

Handicapped children educational needs, physical therapy appliance support and communication skills upgrade

Infrastructure development for dilapidated basic education schools

Professionals as external examiners in the national and regional Colleges of physicians and Surgeons in the West Africa

Supporting interventional Radiology goals of the Ghana College of Physicians and Surgeons

Paediatric adult limb and plastic deformity correction

School pairing between sub-Sahara and the West.

WORDS OF WISDOM

“Education is the most powerful weapon which you can use to change the world.”
Nelson Mandela

“Practice is the hardest part of learning, and training is the essence of transformation.” – *Ann Voskamp*

“If you can't feed a hundred people, feed just one.” – *Mother Teresa.*

“It is health that is real wealth and not pieces of gold and silver.” *Mahatma Gandhi*

“So many people spend their health gaining wealth, and then have to spend their wealth to regain their health.” A.J. Reb Materi

“Every new breath and day is an opportunity to do something, a gift of life to make a difference in the world.” — K.J. Kilton

“No one has ever become poor by giving.” — Anne Frank,

“Strong people don't put others down... They lift them up.” — Michael P. Watson

“Not everything that counts can be counted”. - Einstein

“Never doubt that a small group of thoughtful, committed citizens can change the world; indeed, it's the only thing that ever has” - Margaret Mead

Life is not worthwhile unless it has made a purposeful and positive difference to the people we see or never get to know

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Elaboration on some of the projects

i. Breast cancer project –

Public/Community Breast Cancer Awareness, Symptomatic Breast Clinics, Breast Cancer Screening, and Breast Surgery including breast Reconstruction at Akosombo, Holy Family Hospital, Nkawkaw; Keta District, Jirapa District Hospitals.

Collaboration is with the Breast Unit, Korle Bu Teaching Hospital, Accra.

ii. NUWLIFE (Nutrition Working for Life) at Jirapa

Establishment of a Nutrition Rehabilitation Centre for children based on family and community participation. The mothers are taught skills that empower them to generate viable income to sustain the family, and prevent recurrence of malnutrition in their children.

iii. Radiology

Exchange of knowledge and experience in basic radiology and radiation safety, with the encouragement to establish interventional radiology in the West African sub-region.

iv. Orthopaedic trauma

Targeted improvements in trauma and elective orthopaedic care through education, training and exchange of experience.

v. Medical and Nursing Courses / Seminars, Workshops / Exchange training programmes

The course presentations strive to promote clinical excellence and improve current practices, taking into consideration the challenges of the developing world. Views and experiences from Africa and the UK are incorporated into the courses, with the key objective of improving surgical and nursing care in the West African sub- region. They contribute to Continuous Medical, Nursing and Health Education in West Africa. Exchange programmes between UK and Ghana/West Africa aim at experience sharing, transfer of skills, and understanding work ethics and improvements in hospital based health care.

vi. Wound Care Project

Wound care improvement through education, exchange of ideas and experience, practical demonstrations of effective ways of reducing infection, optimising dressing and encouraging wound healing.

vii. Educating Children including Children with Disabilities

Working with schools, collaborating with teachers and supporting projects that directly help children with disabilities including physical disabilities such as cerebral palsy by working with other NGOs

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The reasons why we do what we do is to bring people together for a desirable, effective, positive and a purposeful change.

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